



NEWSLETTER

28 July 2010

UNDERBERG SCHOOL

Warm Underberg greetings!

A most successful hockey tournament was held here last weekend, and we had about 150 children and 30 coaches stay with us in the hostel. Thank you to all those concerned, from the coaches to the coordinators, you know who you are. The standard of hockey was high, and we acquitted ourselves well. It was pleasing to see the Underberg children helping so willingly in all aspects of the tournament.

Parents, we are still concerned about the children who are left here after school unattended. Parents are often late in collecting their children and we ask that you be timeous in this regard. It is cold in the afternoons, and some children are leaving far too late.

Also please check that your children are correctly dressed, and this includes their hair. There are boys in dire need of a haircut, shampoo or comb (or all three), and often there are girls with hair not combed, clean or cared for. Remember that no "steps" colour or "fancy" haircuts are permitted. Its easy: Keep It Simple! There are also pupils arriving without the correct clothing and some do not even have a tracksuit. Many of them have shabby or tatty clothes. All we ask is that you ensure that they are clean and cared for.

Enjoy the week ahead.

I remain,

MR. M. CORLETT
Proud Headmaster.

EMOTIONAL INTELLIGENCE PROGRAMME

During the 'short' holiday we recently had, parents took over the sole responsibility of educating their children. I'm not sure about you but I didn't succeed everyday and I was pleased when school opened its doors again.

We must continually be thankful and supportive of the team of people who gather each day to assist our children to reach their full potential.

What struck a chord during the holiday is how often children are expected to greet, thank or introduce themselves to people. Many adults find this a daunting task but quickly reprimand children if they fail to display good manners.

During this term give your children practical opportunities to practise these life skills in the safety of the home environment. When practising (it will require more than one practice), be sensitive to the developmental stage your children are in and if they would rather just observe the family practising, remember that they will still be learning.

Perhaps **INTRODUCING YOURSELF** is a good place to start.

STEP 1: LOOK AT THE PERSON as this is a way of showing that you really want to meet him or her.

HINTS:

- Get the person's attention appropriately.
- Don't stare or make faces.
- Look at the person as you would a friend. This sets a friendly tone for the beginning of your conversation.



STEP 2: USE A PLEASANT VOICE so that the person perceives you to be friendly.

HINTS:

- Speak clearly.
- Talk loudly enough to be heard, but not too loud.
- Use proper grammar and avoid slang words.
- Do not interrupt.

STEP 3: OFFER A GREETING. Say "Hi, my name is.....". When you say "Hi" it shows that you are friendly and makes the other person feel welcome.

HINTS:

- Make sure the person hears you.
- Listen if the other person says anything in return.
- Smile if it is appropriate to do so.

STEP 4: SHAKE THE PERSON'S HAND as it is considered a traditional way of greeting someone.(this is even a good idea for girls to do.)

HINTS:

- Use a firm grip, but don't squeeze too hard.
- Three shakes is about right when shaking hands.
- Say, "It's nice to meet you.' As you shake hands.
- Make sure your hand is clean before shaking hands with someone.



STEP 5: WHEN YOU LEAVE, SAY "It was nice to meet you." This will end your conversation on a friendly note.

HINTS:

- Be sincere.
- Use the person's name again when saying goodbye.
- Remember the person's name should you meet again.



As children become competent in this skill, their confidence in speaking publicly will improve and they will find dealing with social gatherings easier to do.

Have fun with your children.

Jacqueline Horn.

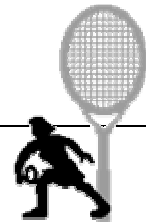
SPORT

RESULTS - TENNIS - 26TH JULY

U13 played against St Johns and won 17 games to 11.

U11 played against Longmarket and also won with 21 games to 7.

WELL DONE on improved playing.



N.B. 4 September 2010

U11 Boys Hockey @ Howick has been cancelled by Howick Prep School.

2010 – 29th July – 7th August



EVENT / SPORT REMINDERS:

29 th Jul	-
30 th Jul	Boys Hockey - Day/Night - New Hanover
31 st Jul	Boys Hockey - U13 Howick / U11 Treverton U9/U10 Eston
02 nd Aug	Squash, Rugby, Hockey - St Andrew's Prep Tour Tennis (HSC) - U11 Clifton
03 rd Aug	Squash, rugby, hockey - St Andrew's Prep Tour Boys Hockey - Gr 1 & 2 Cowan House
04 th Aug	-
05 th Aug	PP Outing to Trish's Farm